



AUDENTESE
SPORDIKLUBI

**UIPM Global Laser Run City Tour
Tallinn Open
Tallinn/Estonia 06.03.2022.**

INVITATION

Estonian Modern Pentathlon Association kindly invite you to participate in Tallinn Open Laser Run (indoor), which will be held in 06.03.2022
Place: Audentes Sports Centre, Tondi 84 Tallinn, Estonia

Purpose and tasks:

- To promote a healthy lifestyle in Estonia;
- To popularize Modern Pentathlon among the population of Estonia;
- Involve Estonia residents in sports activities;
- Find out the best absolute winners.

Programme

Warm-up for first group starts on 12:00 a.m.

Athletes compete in the competition according to their age according to the table below. The winners (women and men) in each group are awarded with medals.

Participation must be pre-registered in the application form.

Registration and organization

Imre Tiidemann – imre.tiidemann@mail.ee +372 53472870

Please send your application forms till **03.03.2022**

Registration fee: € 5 per participant

<i>Category</i>	<i>Age</i>	<i>Disciplines</i>	<i>Distance</i>
U-11	10 and younger	2x400 run + 2x5hits	5m (both hands)
U-13	11-12	3x400 run + 3x5hits	5m
U-15	13-14	3x400 run + 3x5hits	5m



U-17	15-16	3x400 run + 3x5hits	5m
U-19	17-18	4x400 run + 4x5hits	5m
Juniors	19 -21	4x400 run + 4x5hits	5m
Seniors	22 -39	4x400 run + 4x5hits	5m
Masters +40	40-49	3x400 run + 3x5hits	5m
Masters +50	50-59	2x400 run + 2x5hits	5m
Masters +60	60 and over	2x400 run + 2x5hits	5m

! If you plan to use your own pistol and target, please take it with you to the arena.

For more detailed information feel free to contact imre.tiidemann@mail.ee +372 53472870

Application form

Name	Surname	Year of birth	Male/ Female	Group	Country