



Open Nordic and Finnish Championships 2020

Hämeenlinna Finland 2-3 October 2020

Modern Pentathlon returns to Hämeenlinna - the location of the 1952 Olympic Games of Modern Pentathlon.

Finnish Fencing and Pentathlon Association (SM5L) together with organizing partner Modern Pentathlon Hämeenlinna 52 (HML5) hereby invites you to participate in Nordic Championships 2020 to be held in Hämeenlinna.

We will have three different competition categories: Nordic Championships, Finnish Championships and Open. The Nordic Championship medals are available only to Nordic participants and Finnish Championship medals for Finnish citizens.

PROGRAM

Friday 2 OCT

	Arrival of Delegations	Scandic Aulanko; Aulangontie 93, 13220 Hämeenlinna
19:00 – 20:00	Technical Meeting	Scandic Aulanko

Saturday 3 OCT

7:00	Breakfast	Scandic Aulanko
07:30	Departure for swimming	Scandic Aulanko
08:00 – 09:00	Swimming	Hämeenlinna swimming hall; Uimarintie 2, Hämeenlinna
10:00 – 12:30	Fencing	Gymnasium in swimming hall
13:30 – 15:30	Riding	Aulangon ratsastuskoulu; Aulangonkuja 3, Hämeenlinna
16:00	Departure for Laser Run	Scandic Aulanko
17:00 – 18:30	Laser Run	Football hall Säästöpankki Areena; Härkätie 17, Hämeenlinna
	Award ceremony after LR	Football hall Säästöpankki Areena
20:30 –	Dinner	Scandic Aulanko

Sunday 4 OCT

7:30-10:30	Breakfast & Departure	Scandic Aulanko
------------	-----------------------	-----------------

The organizers reserve the right to make changes in the schedule.

COMPETITION CATEGORIES

- U15 tetrathlon (boys + girls)
- U17 tetrathlon (boys + girls)
- U19 tetrathlon (men + women)
- Junior pentathlon (men + women)
- Senior pentathlon (men + women)
- Masters pentathlon (men + women)

The organizers reserve the right to combine categories. Combining will be done if there are less than 3 participants in some category.





RULES

- Where nothing else is mentioned, the UIPM competition rules are governing.
- Swimming will take place indoors (25 meters with 8 lanes).
- The equipment control for fencing, riding and shooting will take place at the venues. Fencing equipment requirement: Garment 800N, masks 1600N. FIE blades not required.
- All age categories will be fencing in the same group (men & women separately).
- Athletes participating in pentathlon will need to have confirmation from their NF of their riding ability. The Jury will have the authority to eliminate a rider during warming up, should it become evident that the rider is not in possession of proper riding skills.
- The number of horses is limited. In case there are not enough horses for everyone, the competitors taking part in Nordic Championships will have the priority for riding.
- The Laser Run course is on artificial turf (no spikes allowed).

ACCOMODATION

The organizing committee recommends official hotel – Scandic Aulanko spa hotel. Prices depend on the number of beds per room. Breakfast is included in the price package.

Mail address: sales.tampere@scandichotels.com

Fees Scandic Hotel (each delegations /individual pays at hotel reception):

Single room 129 eur / room & night incl. breakfast

Double room 149 eur / room & night incl. breakfast

The above hotel prices apply until 11 September 2020. Booking code: Modern Pentathlon 2020.

TRANSPORTATION

Pre ordered transportation fee (between competition venues, 5 & 7 km) is €15 per person. This should be paid together with entry fees. Riding event is located at walking distance from the hotel.

ENTRIES

Entries before 4 September 2020 by filling this [entry form/athletes >](#) or [entry form/accompanying persons >](#)

For late entries, the entry fee will be doubled. We do not guarantee riding for late entries.

ENTRY DEADLINES

Final entry – 4th of September 2020

Payments due – 11th of September 2020

ENTRY FEE

Participation fee is **65 eur for pentathlon, 40 eur for tetrathlon.**

Pre ordered **transportation 15 eur** (between competition venues, 5 & 7 km).

Price for pre ordered **take away lunch box is 10 eur** (turkey baguette, smoothie, fruit, water bottle)

Pre ordered **closing dinner** at restaurant Aulanko on Saturday night 8:30 PM, **36 eur** per person.

NOTE: All ordered services should be **prepaid by bank transfer** together with entry fees (athletes and accompanying persons).



**Payment information:**

Name of the account: Finnish Fencing and Pentathlon Association

Name of the bank: Nordea Bank Finland Plc, Helsinki

BIC/Swift: NDEAFIHH

IBAN number: FI061023 3000 2026 50

FORCE MAJEURE

Due to the current corona situation the organizers reserve the right to make changes or even cancel the event. The organizers will prepare the competition arrangements in accordance with guidance from the Finnish health authorities. Participants participate at their own risk.

CONTACT INFORMATION

Riina Pitkänen, Competition Manager +358 40 828 8168, riina.pitkanen@fencing-pentathlon.fi

Antti Simola, Organizing Committee +358 50 340 6123, antti.simola@hml5.fi

Lena Tallroth-Kock, SM5L Secretary General +358 50 3362464, lena.tallroth-kock@fencing-pentathlon.fi