



**UIPM**  
Union Internationale  
de Pentathlon Moderne



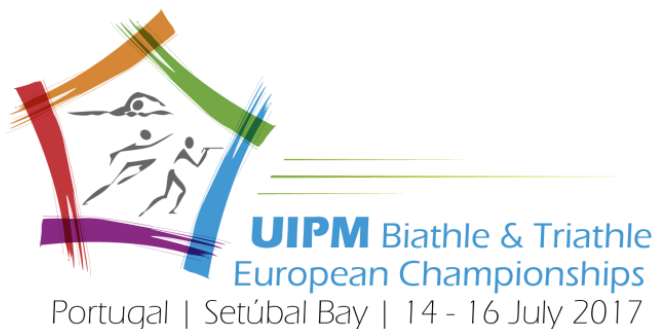
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**UIPM BIATHLE & TRIATHLE OPEN EUROPEAN CHAMPIONSHIPS**  
**SETÚBAL BAY, PORTUGAL 14TH/16TH JULY 2017**

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Dear Friends,

20<sup>th</sup> February 2017

The Portuguese Modern Pentathlon Federation and the Setúbal City Hall have the great pleasure to invite a delegation of Your Country to participate in the above mentioned competition that will be held in **SETÚBAL (PORTUGAL) from 14<sup>th</sup> July until 16<sup>th</sup> July 2017** according to the following programme:

**COMPETITION PROGRAMME (PROVISIONAL)**

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**12 July (Wednesday)    Arrival of Delegations – Free Day**

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**13 July (Thursday)    Arrival of Delegations – Registration Procedures  
Technical Meeting for team managers (race briefing)  
Welcome Drink for team leaders**

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**14 July (Friday)        TRIATHLE Competition – Individual & Mix Relay  
Pasta Dinner (not included in entry  
fee of the athletes and coaches)**

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**15 July (Saturday)     BIATHLE Competition (Qualification Heats)**

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**16 July (Sunday)**

**BIATHLE Competition (Finals)  
Closing Dinner Party (included in entry  
fee of the athletes and coaches)**

**17 July (Monday)**

**Departure of Delegations – Sightseeing Day (optional)**

Intention of early arrivals should be informed as soon as possible. Training and Logistic facilities can be arranged by LOC for Training Camp before and after competition upon request.

### **REGISTRATION**

Enclosed, you will find the official UIPM Biathle & Triathle Open European Championships Entry Forms. Only the National Federations can enter athletes! Entries from clubs and parents will not be accepted.

Delegations are allowed to enter with unlimited number of athletes at Qualification Sessions. **Finals will be disputed by maximum 16 athletes.**

1. Please complete the PRELIMINARY Form (A) and return it to us by email until May 1, 2017
2. Packages offered by LOC are on first come first serve basis and can only be guaranteed until May 20, 2017, with deposit payment (30%)
3. Please, complete FINAL Form (B) and return it to us by email until June 30, 2017

**NOTE:** The organizing committee will only accept Athletes sent by an official UIPM Federation, with stamp and signature of the same

### **COMPETITION RULES**

The competition will be carried out according to the UIPM Biathle Rules and UIPM Triathle Rules. Please check with the **Biathle Rules** and **Triathle Rules** at **www.pentathlon.org**

Swimming – Open Sea



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LaserRun (Run/Shoot) – Asphalt and Pavement surface.

Shooting: Targets Manufacturer PentaShot

Delegations are requested to bring their own pistols and targets. Delegations having problems in bringing their equipment, must inform LOC in good time before their arrival.

## **COMPETITION FORMS**

### **Form of Competition in each category and gender**

There will be 2 separate classifications for both Biathle and Triathle competitions:

- a) European Championships for European nations;
- b) Open Championships for worldwide nations.

#### **1. Individual**

Gold, Silver and Bronze medals will be given in each individual category and gender. The fastest time will be declared the winner.

#### **2. Team event competition**

- **Biathle** - Teams of 3 are formed by comprising the highest individual placed 3 biathletes from the same Nation in each category and will have their times added together. The fastest time will be declared the winner.  
NO Team Event Competition will be carried out with less than 3 teams.
- **Triathle** -Team competition is the Mixed Relay, 2 athletes (1 woman + 1 man) from the same or different Nations in each category. The fastest time will be declared the winner.

## **COMPETITION LOCATION**

The competition is scheduled to occur at Albarquel Park – Setúbal Bay.

The running part will take place on the pavement road of the park and the swimming will be in the open ocean. The air temperature will be approximately





32-34°C and water temperature will be approximately 17-18°C. You can find a course map shortly on the official website [www.fppm.pt](http://www.fppm.pt)

## **COMPETITION CLOTHING**

For Modern Biathle and Triathle competitions, athletes should wear a swimsuit or tight-fitting one-piece body suit capable of being worn for each segment of the competition. Due to the format of the races, athletes are required to compete wearing clothes that are tight fitting, yet comfortable during the action. Women should wear one or two pieces of clothing suitable for the entire race (swim suit or sports bra). We ask that male competitors wear a tight fitting shirt "bolero" (Lycra t-shirt) to be worn along the sports action. All athletes must have their nation identification on swimsuit.

## **Athletes and Coaches Entry Fees:**

- Biathletes 50 €
- Triathletes 50 €
- Biathle & Triathle 75 €
- Mix Relay 50 € (per Team)
- Coach/Official 50 €
- Pasta Dinner 15 €

Entry Fees includes Accreditation, Commemorative T-shirt and closing Gala Dinner Party.

## **Additional Fees for Friends/Guests/Family Members**

Gala Dinner Party a **Fee of 25 Euros** (€)

## **ACCOMMODATION + TRANSPORT**

Local Organizing Committee (LOC) has for your convenience a two offer





package choice that includes Accommodation+ Local Transportation (Lisbon International Airport / Hotel of your choice / Lisbon International Airport).

Participants will be accommodated at Hotel (1) or Hotel (2). Please note on the Entry Form your first choice. The reservations will be on first come first serve basis. The price includes accommodation with breakfast buffet included and local transportation (airport/hotel/airport only).

The cost of stay per person for 4 nights (\*) is:

Hotel	Single	Double	Triple
1 Hotel Mar e Sol	225 € p/person	175 € p/person	150 € p/person
2 Hotel Laitau	250 € p/person	175 € p/person	150 € p/person

**(\*) Length of stay can be extended and shorted considering average p/day**

## **ENTRY FORMS & DEADLINES**

We would appreciate early confirmation of your intention to participate or not and submit this as Entry Form A.

Deadlines for the Entry Forms are as follows:-

**Form A (PRELIMINARY)** before 1<sup>st</sup> of May 2017

**Form B (FINAL)** before 30<sup>th</sup> of June 2017

Please make your deposit payment until 20<sup>th</sup> May 2017 (30% non-refundable). The remaining amount can be paid in cash - only in € - upon arrival. Remember that Package offered by LOC is on first come first serve basis and can only be guaranteed until 20<sup>th</sup> May with your deposit payment.

## **VISAS & VACCINATIONS**

Visiting nations should confirm visa and vaccination requirements for entry into Portugal prior travelling to the event. The LOC cannot accept responsibility for





arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please contact your nearest Embassy or Consulate.

### **INSURANCE**

The organisers will not accept any responsibility financial or otherwise for loss, injury, illness or death of any participant or Delegation member. All members of the attending Delegations must insure themselves by a sufficient health, accident and liability insurance. By submitting the entry form the National Federation confirms that all persons named on the entry are covered by such an insurance and that all athletes are fit to take part at the UIPM BIATHLE & TRIATHLE OPEN EUROPEAN CHAMPIONSHIPS 2017.

### **GENERAL INFORMATION**

All athletes are kindly requested to wear their official national uniform at the competition. Please also bring a CD of your national anthem and a national flag.

### **OFFICIAL ADDRESS**

Federação Portuguesa do Pentatlo Moderno  
Rua 15 de Agosto nº 8 B, 2500 – 801 Caldas da Rainha  
Tel: + 351 91 483 34 82  
Email: manuel.jlpbarroso@gmail.com  
WebSite: www.fppm.pt

### **BANK DETAILS**

Name of the Bank: Caixa Geral de Depósitos, Agência Gare do Oriente  
Account number: 0344 006261 930  
IBAN: PT50 0035 034400006261930 16





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SWIFT: CGDIPTPL

### **ACCOMMODATION INFORMATION – OFFICIAL HOTELS**

Hotel Name: Hotel Mar e Sol  
Avenida Luísa Todi 606, 2900 Setúbal  
Phone: + 351 265 534 868

Hotel Name: Hotel Laitau  
345, Av. Gen. Daniel de Sousa 89, 2900 Setúbal  
Phone: + 351 265 550 640

### **LOCATION NEAR LISBON**

#### **DISTANCES**

From Lisbon International Airport = 40 km  
From Accommodation to Competition Venue = 2.0 km (15 min)

### **SETUBAL WEATHER – JULY**

Average Max Temperature- 34°      Average Min Temperature- 20°

We look forward to see you in Setubal, Portugal, for the UIPM BIATHLE & TRIATHLE OPEN EUROPEAN CHAMPIONSHIPS 2017.

Best regards,



**UIPM**  
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**Manuel Barroso**

FPPM President



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