

Miekkailun Talvileiri - The Fencing Winter Wonderland

Turussa

27. - 30. joulukuuta

Camp is held aprx 500 meters from Turku Fencing Club
Adress: Helsinginkatu 21

TIMETABLE

Sunday 27.12

11-13

lunch

14-16

Monday 28.12

10-12:30

lunch 13:00

14:30-17:30

Tuesday 29.12

10-12:30

lunch 13:00

14:30-17:30

Wednesday 30.12.

10-12:30 competition

lunch 13:00

14:00-16:00 competition with gaming

Price:

20 € for TMÅF club members / day

25 € for non members/ day

Private lessons 20 €/ lesson 25 min

Lunch under 14 years 5,50 €

Lunch over 14 years 8,50 €

Lunch is at Verkahovi Restaurant really near the training facilities.
"Eat as much as you want" (but not too much :)) Buffet

Camp program&age groups:

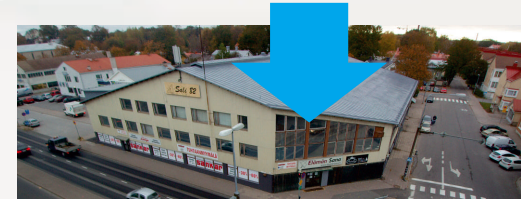
Epee: 8-14 and 14- adults

Sabre: all ages

Program includes:

- warm up
- pair exercises
- reflex games
- foot work
- situation controlled fencing
- learning equipment issues in situation
- learning to handle referee and equipment issues
- tactic education
- free fencing
- competition
- creativity games
- sport psychology presentation

HERE!



**REGISTRATIONS
AND INFORMATION
- dead line 23.12**

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