



WINTER EPEE CAMP

BORDEAUX

December 27th - 31st 2014

Camp theme: "Identifying your strengths and your opponent's weaknesses."

PROGRAM

The program will build on the camp's theme, with activities including: tactical footwork and exercises, video analysis, organized and theme bouting, critical debriefings and individual feedback. It will also include two ½ day activities and New Year's Eve festivities.

The camp begins Saturday December 27 at 2 pm.

10 am – 12:30 pm - Morning session

12:30 – 2:30 pm - Lunch

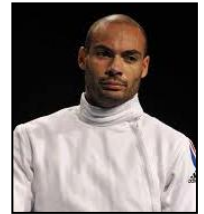
2:30 – 6 pm - Afternoon session

CAMP LOCATION



Bordeaux Etudiants Club
53 rue Pauline Kergomard, 33000 Bordeaux
www.bec-escrime.fr

COACHING STAFF



Jean François Di Martino :

National coach for French Senior and Junior Women's Epee teams since 2004. Former #1 in the world, Olympic medalist and team world champion.

Sebastien Dos Santos :

Olympic coach for France (2004), Brazil (2008) in Modern Pentathlon and for the US Men's Epee team (2012), silver medalist in 2010 and gold medalist in 2012 at the team world championships.

Fabrice Jeannet :

Former #1 in the world, world champion, and Olympic silver medalist. Twice team Olympic champion and four time team world champion.

LODGING

For information on homestays (15 euros/day), B&Bs, hotels, and other lodging options close to the fencing club please contact:

escrimebordeaux@gmail.com

FEE

260 euros. Fee includes: 5 days of camp, lunchtime meals, all activities as well as New Year's Eve festivities.

100 euros for the top 12 senior, top 8 juniors and top 4 cadets on National Ranking.