

## TRAININGCAMP

The "SOLTI-TEAM" holds its usual fencing camp also in the year 2014.

**Period:** August 1<sup>nd</sup> – 10<sup>th</sup> 2014.

**Place:** Puskás Tivadar Fém- és Villamosipari Szakképző Iskola  
Berzsenyi Dániel Kollégiuma, 9700 Szombathely, Ady tér 2.  
Tel.: + 36-94-312198

**Participation:** Fencers from Hungary and about 15 other countries.

**Price:** 350,- €

The price includes:

- accommodation in college
- three meals per day
- two trainings per day
- education for coaches

**Travelling:** All participators **by own cost.**

**Arrival:** August 1<sup>st</sup> 2014., till 12:00 a.m. in Szombathely

**Departure:** August 10<sup>th</sup> 2014., after 2:00 p.m. from Szombathely.

The "SOLTI-TEAM" provides a bus from Budapest to Szombathely on August 1<sup>st</sup>. at 8:00 a.m., and from Szombathely to Budapest on August 10<sup>th</sup> at 2:00 p.m. The price is 15,- €/ride. (Departure: **ÉPÍTŐK SPORTKLUB, BUDAPEST, 1101 NÉPLIGET, VAJDA PÉTER ÚT 38.**)

There is also the possibility to rent a special coach for reduced price.

**The "SOLTI-TEAM" asks all participants to have a travel insurance.**

Due to material please pay attention to the rules of FIE.

All participants fence for own responsibility.

**Training program:**

- physical training (running, gymnastic, basketball, etc.)
- fencing training (exercises for attack and parry, conventional exercises, methodical bouts, free bouts)
- competition with special awards

**Education for coaches:** During the camp there will be a course for coaches held by some of the best masters of Hungarian fencing (Gábor UDVARHELYI, Antal SOLTI, Ferenc HAMMANG, András SZABÓ).

**Other possibilities** not included in the price (extra pay):

- individual lesson with fencing master
- massage
- tennis
- swimming pool

**Appearance:** including name, date of birth and weapon till 31<sup>st</sup> May 2014.

Final list till June 30<sup>th</sup> 2014. Please send to

**Mr. ANTAL SOLTI**

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In special case we can accept delayed appearance or resignation.

**Payment:** At arrival in cash. In case of banktransfer please contact Mr. Szabó.

During the camp you can find any kind of fencing equipment at "PBT. HUNGARY KFT."-shop.

If you have any question or special wishes, do not hesitate to contact Mr. Solti or Mr. Szabó.

**The "SOLTI-TEAM"**