

2021 Christmas Camp in Haapsalu

Sunday 26.12

17:00 - 17:25 warm up and footwork

17:30 - 18:45 sparring and lessons

18:45 - 19:00 cool down

19:00 - ...swimmingpool, basketball, tabletennis, gym (optional)

19:30 dinner

Monday 27.12

8:15 - 8:45 breakfast

10:00 - 10:25 warm up and footwork

10:30 - 11:45 situational fencing

11:45 - 12:00 cool down

12:00 - ... swimmingpool, basketball, tabletennis, gym (optional)

12.45 lunch

17:00 - 17:15 individual warm up

17:15 - 18:45 sparring and lessons

18:45 - 19:00 cool down

19:00 - ... swimmingpool, basketball, tabletennis, gym (optional)

19:30 dinner

Tuesday 28.12

8:15 - 8:45 breakfast

10:00 - 10:20 individual warm up

10:20 - 11:45 competition practice - Group stage!

11:45 -12:00 cool down

12:00 - ... swimmingpool,, basketball, tabletennis, gym (optional)

12:45 lunch

17:00-17:20 individual warm up

17:10-18:45 competition practice - Tableux!

18:45-19:00 cool down

19:00-...swimmingpool, basketball (optional)

19:45 dinner

Wednesday 29.12

8:15 - 8:45 breakfast

10:00-10:15 warm up and footwork

10:15-11:45 mixed doubles

11:45-12:00 cool down

12:45 lunch

17:00-17:15 warm up and footwork

17:15-18:45 mixed doubles continues

18:45 - 19:00 cool down

19:00 - ... swimmingpool, basketball, tabletennis, gym (optional)

19:30 dinner

Thursday 30.12

8:15 - 8:45 breakfast

10:00-10:15 individual warm up

10:15-11:45 team matches

11:45-12:00 cool down

12:45 lunch

End of camp!