



FPPM
Federação Portuguesa
do Pentatlo Moderno



2020 EUROPEAN U17 & U19 YOUTH CHAMPIONSHIPS

6-14 June – Caldas da Rainha, Portugal

INVITATION LETTER

Dear Friends,

The ECMP – European Confederation of Modern Pentathlon, together with the Portuguese Modern Pentathlon Federation (FPPM), have the pleasure of inviting a delegation of your country to participate in the **U17 & U19 Youth European Championships** to be held in Caldas da Rainha, Portugal, from 06-14 June 2020 according to the following programme:

- 05.06 Arrival of delegations
- 06.06 Arrival of delegations / Technical meeting
- 07.06 U19 Women's relay / U17 Women's qualification
- 08.06 U19 Men's relay / U17 Men's qualification
- 09.06 U19 MIXED relays / U17 Women's finals
- 10.06 U19 Women's qualification / U17 Men's finals
- 11.06 U19 Men's qualification / U17 Women's relay
- 12.06 U19 Women's finals / U17 Men's relay
- 13.06 U19 Men's finals / U17 MIXED relays
- 14.06 Departure of delegations

Note: detailed time schedule will be provided after the registration closure.

Competition

Participants

For **Category U19** athletes male and female from Europe, born January 1, 2002 (Cat. U19) and younger can participate.

For **Category U17** athletes male and female from Europe, born January 1, 2004 (Cat. U17) and younger can participate.

Note: The Championships is "closed" competition, meaning only athletes from European confederation are allowed to compete.

Rules

The competition will be carried out according to the UIPM Rules and will take place in Caldas da Rainha, 90 Km distance from Lisbon International Airport.

- Swimming: 25m indoor swimming pool / 8 lanes
 - Fencing: 10 + 1 pistes indoor.
 - Masks with new fitting system (UIPM Technical newsletter 2018/1) and FIE maraging blades required.
- Laser Run:
 - shooting range (service: ECOAIMS laser shooting): 38+2 shooting range with laser precision targets
 - running course: asphalt and hard surface



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Venues

SWIMMING: *Piscina Municipal de Caldas da Rainha*

FENCING: *ExpoEste*

LASER RUN: *ExpoEste*

Training Period and Camps

Before the Competition: Training Camp before is available, please contact LOC and/or see International Youth Training Camp Invitation Letter.

During Competition: Timetable available 2 weeks before competition.

Accommodation

All reservations will be on first come first serve basis. Teams will be accommodated according to several options.

Sana Silver Coast Hotel 4*

Av.ª Dr.º Manuel Figueira Freire da Câmara 2500 - 184 Caldas da Rainha
Tef. : +351 262 000 600

Caldas Internacional Hotel 3*

R. Dr.º Artur Figueiroa Rego, n.º 45 2500 – 186 Caldas da Rainha
Tef. : +351 262 830 500

Hotel Cristal Caldas 3*

R. António Sérgio, n.º 31 2500 – 130 Caldas da Rainha
Tef. : +351 262 840 260

Transport

Transportation from **Lisbon International Airport** to the official hotels and the return journey is only guaranteed if flight information is provided in the registration system well in advance and prior to the deadline.

Important Remark: Extra shuttle fee: 20€/person (if not on Arrival – (5th or 6th June), and Departure, (14th June), days)

Transportation from the official hotel to the venues will be provided according to the competition timetable.

Deadline of the Entries

- **Entry A Preliminary - by March 15, 2020**



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- **Entry B by April 15, 2020**
- **Entry C – Final Entry - by May 10, 2020**

If you do not complete the information required prior to the deadline or we do not receive your delegation's deposit payment, we will assume that your delegation is not participating.

For delegations (athletes, coaches, officials, supporters) reserving the conditions accommodation package, the prices are as follows:

Hotel of Choice	Before May 1	After May 1
Single room* 4 Stars Hotel	140 €	160 €
Single room* 3 Stars Hotel	120 €	140 €
Twin/Double Room 4 Stars Hotel	110 €	130 €
Twin/Double/Triple room 3 Stars Hotel	100 €	120 €

This price includes full board accommodation, local transportation from/to the event. Delegations wishing to arrange their own accommodation must pay an accreditation fee per participant (athlete, coach or official) to the LOC. The amount of the Accreditation fee is set at EUR 75 per day per person, a minimum payment of 4 days. For this, we will provide lunch packets for the competition days and allow access to official transportation between the competition hotel and competition sites.

The checkout hour is 11.00 am. If the delegates will stay more time must pay additionally for accommodation and/or meal.

*** Single rooms are limited.**

Please instruct your accountant to pay the deposit (30%) to this account:

Name of the Bank: Caixa Geral de Depósitos, Agência Gare do Oriente
Name of the Beneficiary: Federação Portuguesa do Pentatlo Moderno
SWIFT: CGDIPTPL
IBAN (for EURO) PT50 0035 034400006261930 16

At the same time as submitting the Final Entry Forms all NFs must send to the LOC by electronic bank transfer 30% of the total amount of their accommodation invoice, otherwise their reservation will not be guaranteed.

If on arrival for the competition, the team has fewer athletes and/or officials than listed on their Final Entry Form and without informing the LOC at least 7 days prior to their arrival, the NF will pay a fine to the Organising Nation/LOC of 200 Euros for each person not attending.

The full amount of money must be paid on the first day of arrival via bank transfer or in cash.



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Athletes

Athletes Licenses & Insurance

Athletes are only allowed to participate in UIPM sanctioned events if they are in possession of a valid Athletes License. Registration is not possible without a License Number. If an athlete does not have a license they will not be allowed to take part in the competition.

Visas and vaccination

Visiting nations should confirm visa and vaccination requirements for entry into Portugal prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please contact your nearest Embassy or Consulate.

Official address

Organising Federation / LOC
Federação Portuguesa do Pentatlo Moderno
Portuguese Federation of Modern Pentathlon

Rua 15 de Agosto 8B, 2500 - 801 Caldas da Rainha
Contribuinte/Taxpayer 501 638 725
Mobile: (+351) 914 833 482
(MANUEL BARROSO)
Email: fppm.geral@gmail.com

Facebook: <https://www.facebook.com/FederacaoPortuguesaDoPentatloModerno>

We look forward to seeing you in Caldas da Rainha!

Best regards,

Dmitry Svatkovsky
President
European Confederation of Modern Pentathlon

Manuel Barroso
President
Portuguese Modern Pentathlon Federation