



*International*  
**SABRE**  
*Fencing Camp 2019*  
*Summer 14-22/17*



International Sabre Camp



International Sabre Camp



isabrecamp@gmail.com



# Welcome

Dear Fencer,

If you love fencing, and you want to improve your level of technique and your way of playing but first of all to have a great experience, join the International Sabre Camp!

The only thing you have to do is to be prepared for a unique experience!

Nikos Psychas  
Camp Director



## Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
14/7	15/7	16/7	17/7	18/7	19/7	20/7	21/7	22/7
10:00-12:00 Check in	1st Training	Training	1st Training	Training	1st Training	Competition	Competition	09:00 Breakfast
Technical meeting	2nd Training	Visit the Sea	2nd Training	Visit Athens	2nd Training	Animation	Diplomas	10:00 Check out
Training	Animation	Animation	Animation	Animation	Animation		Party	
Animation								

Seminars will include topics of Diet and Nutrition, Sports Psychology, Physical Condition, First Aid treatments and many other subjects that will support your Global education of Modern Fencing.