



INVITATION

NORDIC MEN'S EPEE FENCING CAMP

04-10.06.2017 HAAPSALU, ESTONIA

Venue: Haapsalu Sports Centre (Lihula maantee 10, Haapsalu 90507)

Estonian Fencing Association has the pleasure to invite the fencers to participate in A-TEAM epee fencing camp in Haapsalu Estonia (Haapsalu Sports Centre).

The Nordic men epee camp will take place from June 04th to June 10th, 2018, in Haapsalu, Estonia. Participants, both fencers and instructors, are invited from eight countries: Estonia, Latvia, Lithuania, Finland, Sweden, Demark, Ireland and Norway – max 6 persons per country. Every day will be two training times. Following training activities will be done during the camp: free fencing, footwork, exercises in pairs, physical exercises, swimming, training competition and so on.

Approx Schedule

| | | | |
|------------------|--------------|-------------------|-----------------|
| Monday | | 4.06.2018 | |
| | From | To | |
| | 15:00 | 16:00 | Arrival |
| | 16:30 | 18:30 | Training |
| | 19:00 | 19:30 | Dinner |
| Tuesday | | 5.06.2018 | |
| Wednesday | | 6.06.2018 | |
| Thursday | | 7.06.2018 | |
| Friday | | 8.06.2018 | |
| Saturday | | 9.06.2018 | |
| Sunday | | 10.06.2018 | |
| | 11:30 | 12:00 | Lunch |
| | 12:00 | 12:30 | Departure |



The Haapsalu Sports Centre has all the necessary conditions for organizing the high-level training camp: fencing hall with 15 pistes, swimming pool, accommodation, restaurant, tennis and basketball courts, football field and athletics stadium, lecture rooms and saunas. All participants and staff got Nordic Epee Camp t-shirts.

Camp is for Senior men A-TEAMS. Detailed information will be provided in additional document.

Accommodation

All fencers and coaches will be accommodated in Haapsalu Sports Centre Hostel.





Registration

For registration please send an e-mail latest **01.05.2018** olga@vehklemisliit.ee.

With Best Regards

Olga Truuse

Secretary General

Estonian Fencing Association

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